

Elimination Chart

INSTRUCTIONS:

Write the dates in top boxes including month, day and year. Write type of elimination in boxes next to times accordingly. Indicate type of elimination (make sure is under right date).

Use the following key: U= urinated in toilet

D= defecated in toilet

UX=urinated on pants

DX= defecated on pants

	Date	Date	Date	Date	Date	Date	Date	Date	Date
Time									
7:00									
7:30									
8:00									
8:30									
9:00									
9:30									
10:00									
10:30									
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11:30									
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6:00									
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7:00									
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8:00									
8:30									
9:00									

Comments:
